Headmaster’s Distinctions

Term 1
Weeks 4 & 5

Kindergarten
ASSABGY, Alex
CHEN, Charly
CHILDS – TORR, Ethan
MADSON, Oliver
MOYO, Tee Jay
MYATT, Tex
WHEAT, Jack

YEAR 1
CAO, Anton
CHEMERYS, Timothy
DACEY, Billy
DIMOKAS, James
FAN, Sky
FORD, William
GHOSH, Advik
GHOSH, Aryan
KARTHIGEYAN, Giri x 2
KIM, Kiju
KNIPPERS, Willem
LOTTER, Jean x 2
MONTANA, Christopher
PAYNTER GROAT, Ryan

YEAR 2
DEAN, Toby x 2
NASHED, Aaron
QU, Ryan
SHARMA, Ishaan
THOMPSON, Matthew x 5

YEAR 3
MITCHELL, Tyler
NASSIF, Elias x 2
PHAN, Jayden
REED, Mercer
SELIG, Edward
SOMANADER, Jeshan
YUEN, Lucas

YEAR 4
CAMPBELL, Edward
CHEMERYS, Daniel
DMITRENKO, Anton
HUANG, Adrian

YEAR 5
GROSS, Lachlan
GUZZAROTTO, Oscar
NASHED, Joseph
WATTS, Tom

YEAR 6
DEARNLEY, Ethan
MANNY, William

Prep News
26th February, 2016

Year Dinners on Saturday 5 March
Parents should have received some communication from Fathers’ Association Year Representatives about the upcoming Year Dinners to be held on Saturday 5 March. This social gathering promises to be a lot of fun and a great way to connect with parents across the year group, and also with the year level teachers and their partners. The restaurant venues have been chosen so that there are two main centres where groups will gather – Top Ryde and Norwest. This will enable those parents who may have children in another grade to also briefly connect with another year group before or after the dinner.

Parents are reminded that the event is a social occasion and that it would be inappropriate to seek out teachers during the evening for an update on student progress. I encourage all parents to try and attend this important evening as we enjoy fellowship together.

Camp Week
There was a different intensity to the usual buzz and activity of the Prep School for much of this week. This was due to the absence of the Years 3-6 boys and various staff members who were away at camp. This allowed an opportunity for our youngest Kingsmen to take over the Prep School and enjoy all the facilities to themselves.

Year 3 headed to the cooler climes of the Blue Mountains where they made the most of their scenic location, exploring the bushland and rainforest areas. Their visit included an exploration of tribal aboriginal life with information shared by local aboriginal guides.

Years 4 and 5 ventured to two different locations within the Royal National Park for their camp activities. Outdoor physical challenges were the focus for their programme over the three day programme.

For the Year 6 boys, the beautiful Illawarra district was the focus for their activities, which included the beachside location of Seven Mile Beach and Jamberoo Valley.

A more detailed report about the camps will be shared in next week’s King’s Herald.

They say, ‘While the cat’s away, the mice will play’ and that’s exactly what happened with our Pre-Kindergarten to Year 2 boys on Wednesday. With hot weather forecast and camp fever in the air, the Pre-K to 2 boys enjoyed some slip and slide water fun on the Kingsbridge hill. The boys had a wonderful time and I’m sure it will be one of their special memories of their early years at King’.

THOUGHT FOR THE WEEK: “Your word is a lamp to my feet and a light for my path.”
Psalm 119:105
Learning about Australian Indigenous Culture

Year 3 students are currently inquiring into the theme of ‘Where We Are In Place and Time’. A major focus of this unit, is learning about Aboriginal culture and the stories of Dreamtime. They have been learning about and developing an appreciation for the significant contribution of Aboriginal Australians to the local and wider community. To enrich their understanding of Aboriginal culture, Year 3 viewed an engaging presentation from visiting indigenous artist Ryka Ali.

Ryka Ali told the boys about his heritage as a member of the Wuthathi tribe of Shellburne Bay, Cape York and informed the boys about the indigenous culture of the Torres Strait Islands. Ryka has released a self-titled CD featuring hip-hop/urban sounds combined with the didgeridoo and his performance at school focused on indigenous dance and music. The show included participatory dances with the students and explanations of various instruments, artefacts and costumes specific to the Islands.

A number of students had the pleasure of being, ‘painted up’ with ochre and Ryka explained the significance of these designs. The show culminated with willing volunteers who took the stage to have ago at the didgeridoo. It was an enjoyable and active experience for Year 3 boys.

Seeking Members for the 2016 Art Show Committee

The Art Show and Spring Festival is scheduled for 26-28 August this year. It is a wonderful colourful and multi-faceted event that requires the commitment of all Prep School families to host successfully. Please note the weekend in your diaries now so that you will be able to support this year’s Show.

We are seeking new members for our 2016 Art Show Committee to assist with the planning and co-ordination of various portfolios. Please email my P.A., Chris Konstantopoulos on konc@kings.edu.au if you would like to be a part of this steering committee.

We are eager to find personnel who would be happy to work alongside some of our portfolio leaders this year, with the view to taking on the co-ordinator’s role next year. Some particular areas that we are seeking assistance with are:

- Market stalls
- Jewellery
- Logistics
- Hiring of equipment
- High Tea

The first Art Show Committee meeting is on next Wednesday, 2 March in the Prep School Staff Centre starting at 7:30pm.

Parent Seminar on Sleep Hygiene

For children to remain focused and learn best at school they require the appropriate amount of sleep each night. A regular routine and the right preparation before bedtime are important factors in helping our children get the sleep needed to perform at their best each day.

The Prep School is hosting a terrific seminar that will help parents gain some important insight into sleep deprivation and its impact on student performance. Helpful strategies and solutions will be discussed to assist parents in setting up routines and environments that will assist children in their sleep habits.

Lisa Maltman, a registered nurse specialising in sleep health will be sharing information on:

- Why we need Sleep
- What happens when we sleep
- How much sleep do we need for all age brackets
- Effects of Sleep Deprivation on: our brain, behaviour and body
- Causes of Sleep Deprivation: habits and lifestyle, physical, biological, psychological
- Causes of Sleep Deprivation: focus on effects of technology
- Signs of Sleep Deprivation
- Smart Sleep Habits
- Where to get help if difficulties persist
The seminar will be held in the lower ILC on Tuesday 29 March at 7:00pm.

Parents may access link to the website thesleepconnection <http://thesleepconnection.com.au/> which includes program information along with resources which they may find valuable.

It is hoped that many parents will take the opportunity to hear helpful information from a leading expert in the field of sleep hygiene.

Peter Allison
Head of the Preparatory School

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**DEPUTY HEAD**

**Camps**
I am writing this week’s article, sitting in the teacher’s lounge during a short break at the Year 4 Camp, at the Youthworks Camp Rathane in the Royal National Park.

The Year 4 boys have had a very busy two days so far, and have been fantastic ambassadors of our wonderful school at all times. It is on occasions like this that I am reminded that my job is such a rewarding experience and what a privilege it is to work at the King’s School.

Being at Camp has also given me time to reflect on God’s wonderful and beautiful creation and how lucky we are to live in this beautiful city.

**Updating Student Details**
Going through the process of collecting information for the boys for our camps has highlighted the need for parents to ensure that all contact and medical information for their sons is up to date. This information is relied upon for all camps, excursions and other events, and it is vital that the School has the most up-to-date information at all times. If you know that your contact details and/or medical information requires updating, please ensure this is done as soon as possible by contacting the Prep Office.

**Class Mums**
Each year, we ask for the assistance of one or two mums from each class to act as Class Mums. These are important positions within the School and the role varies from year group to year group. The role includes welcoming new families and strengthening friendships, both existing and new, by organising social functions and organising assistance for families who might be going through a difficult time. They also assist The Fathers’ Association in encouraging other families to be involved in School functions.

I still require a volunteer for 4K, 5E, 6L and 6M. If you are able to assist the School by becoming a Class Mum for these classes, could you please email me at gbb@kings.edu.au, as soon as possible, indicating your son’s name and class. I am planning to make contact with all the Class Mums early next week.

**TKS Cricket Lunch**

The TKS Cricket Club Lunch will be held on Friday the 4th March at Dockside Darling Harbour. The Guest Speaker is former Australian test spinner, Stuart MacGill and our Master of Ceremonies will be one of Australia’s most popular sports presenters, Stephanie Brantz. This is a day not to be missed, please join us to celebrate cricket at The King’s School. Tickets are $150.00 per person and may be purchased online:

http://www.trybooking.com/JBZV
http://www.trybooking.com/159531

Greg Blackman
Deputy Head
RESILIENCE

A poignant message on the boathed wall at Deer Park on the southern shore of the Port Hacking River, where Year 5 enjoyed camp this week, reminded us all that life is not best lived with ease. Resilience development is a complex journey, best scaffolded with understanding adults. Our boys were taken out of their comfort zones in a number of activities. This was a good thing.

I share with you recent research conducted by Fuller and Wicking with Resilient Youth Australia, on resilience of boys and young men in Australia. The areas of risk and vulnerability cannot be understated in terms of mental wellbeing and emotional good health, as well as classic success factors in school and at home. Over 18,000 males from Year 3 to Year 12 were surveyed.

The areas of strength determined for young Australian boys are their connectedness to the adults in their lives and the understanding of boundaries and expectations. A strong sense of belonging to families and schools was identified as a strength. This sense of belonging is significant in terms of risk factors and antidotes to violence, drug abuse and self-harm.

The challenges for boys and young men include building a personal set of values, a strong sense of personal identity and engagement in learning. Resilience levels were determined from this research as only 39% with excellent or good levels. This is not a good thing.

Michael McQueen, in Raising Resilient Kids, Building Inner Strengths and Character into Tomorrow’s Leaders, asserts that one of the most common questions expressed with regards to contemporary child raising is, ‘Have we raised children who are just too soft?’ He states that children have been and are being raised who lack the skills and character to persist despite setback, failure, disappointment or criticism. That is, children who lack resilience.

Resilience is defined as:

- The ability to stand firm despite challenges, setbacks and delays
- The ability to be undeterred by external circumstances and events
- The ability to rebound

Our children need space and opportunity to take risks, make mistakes, and cope with the consequences. You may know of the terms ‘bubble wrapped children’ and ‘helicopter parenting’. Those parents, who in good faith, do a disservice to their children by not allowing healthy social and emotional growth to occur, are in fact thwarting their children’s development. Time is wisely invested in essential agreements about growing strong, being prepared, hanging tough, bouncing back, and emerging renewed.

The harnessing and development of resilience, ie the ability to recover from adversity and move on, is high on our agenda in the engagement and pastoral care of our boys. In order to promote resilience, a team approach is imperative. We are very able and available to work with families in this area and have had significant success in assisting parents to both model and facilitate resilience for their boys.

The School climate plays a significant role in the development and application of social and emotional wellbeing and a flourishing student. A systematic whole school approach best achieves these outcomes. As Director of Students I chair the Wellbeing and Pastoral Care Committee with the Housemasters: Jo Grinham, Charlie Lavender, Chris Xegas and David Guild. Here we engage in strategic planning to promote the values of the School, the attributes of the Learner Profile, resilience, and Christian character. We talk about our boys, those who are struggling as well as those who are...
flourishing, and determine paths of support. We are also fortunate to be able to link in to the specialised services of our Prep School Counsellor Rosemary Hawke, our Chaplain Stephen Edwards, as well as the Executive and teaching team.

It is our goal to facilitate social and emotional wellbeing, and resilience, in partnership with families. This requires explicit, consistent and systematic delivery of common goals embedded in curriculum and daily practice. This is an exciting and essential journey. I am happy to meet and speak with parents who have any concerns, or who require support in this regard.

Best case scenario is that we are all in the same boat honing our skills.

Belinda Baxter
bsb@kings.edu.au

DEBATING NEWS - ISDA 2016

Our first competition debate for the 2016 season was held at King’s last Friday against Kincoppal Rose Bay. This year we have entered two, parallel teams as follows:-

**Team A**
Robert Napoli  
Joseph Maroon-Yacoub  
Sam Baker  
Daniel Zou

**Team B**
Jasper Donley  
Lawrence Wei  
Eric Li  
Jayden Gill

**Chairpersons**
Amardeep Gill  
Rohan Srivastava

The challenging topic for Round 1 was *That we should explore space* and, as the home team, we argued the affirmative side. As this was a policy debate, this was the boys’ first attempt at proposing a model, which they constructed and presented with confidence. We argued that we should be investigating the possibility of living in space, developing scientific curiosity through more vigorous study in Mathematics and all branches of Science, solving the problem of Global Warming and the possibility of developing successful space travel industry. Whilst we were able to deliver strong rebuttal against the negative’s case that space exploration is both expensive and dangerous, Kincoppal won both debates.

With that experience behind us now, and the boys being more familiar with the expectation of this competition, we are all looking forward to our next debates against Sydney Grammar this coming Friday.

I extend my thanks to both Amardeep and Rohan who took the role as chairperson for each debate. Thank you also to the debaters who demonstrated leadership, worked collaboratively in the prep room and supported me through my first debating experience at King’s.

We are all very much looking forward to our next debate!

Helen Eldridge
Altus Coordinator
What do you know about the International Baccalaureate (IB)
Primary Years Programme (PYP)?

Coming to an International Baccalaureate (IB) Primary Years Programme (PYP) school can be a very different experience for students, teachers and parents. The learning is organised into six important themes, rather than subjects, and students are expected to develop the skills, attitudes and conceptual knowledge to think for themselves, ask questions and to become life-long learners who take action.

The IB PYP aims to help students realise that we are all part of a global community and have roles to play in making the world a better place. The ten attributes of the IB learner profile filter through every aspect of school life and students are constantly urged to reflect on how they can live up to them as they go through life.

What is the Primary Years Programme?
The PYP is for students aged 3 to 12. It focuses on the development of the whole child as an inquirer, both in the classroom and in the world outside. At the heart of the programme’s philosophy is a commitment to structured, purposeful inquiry as the leading vehicle for learning.

How is it different to other curriculum frameworks?
The curriculum is expressed in three connected ways:

- **The written curriculum:** what do we want to learn?
- **The taught curriculum:** how best will we learn?
- **The assessed curriculum:** how will we know what we have learned?

The written curriculum

The most significant and distinctive feature of the PYP is the way the learning experiences are organised into six transdisciplinary themes. These themes include issues that are important and have meaning for all of us. The six themes of global significance create a transdisciplinary framework that allows students to think beyond the confines of learning within traditional subject areas. These themes are:

- Who we are
- Where we are in place and time
- How we express ourselves
- How the world works
- How we organise ourselves
- Sharing the planet
The taught curriculum

The six transdisciplinary themes help teachers to develop a series of investigations into important concepts, identified by the teachers. These investigations are called Units of Inquiry (UoI) and are engaging, challenging, significant and relevant. Students inquire into each of the six themes over the course of the year. These six units form our Programme of Inquiry (PoI), which you will find on the Director of Learning’s iLearn page at or on display in the Prep School.

The assessed curriculum

Assessment is an important part of each Unit of Inquiry as it both enhances learning and provides opportunities for students to reflect on what they know, understand and can do. Feedback to the students provides guidance, tools and the incentive for them to become more competent and understand how to learn. At times, students and peers are also involved in assessing their work and reflecting on their learning.

The more parents and guardians know and understand about the PYP, the better able they are to support their child's learning. If you would like more information on what and how students learn at The King’s School Preparatory School, please feel free to contact the Director of Learning/PYP Coordinator, Mrs Sonia Weston. For general information about the programme, please go to http://www.ibo.org/pyp/ where you can also watch a video explaining the PYP.

Sonia Weston
Director of Learning/PYP Coordinator

Maths lesson - inquiring into Area
Upcoming Events

Week 6

<table>
<thead>
<tr>
<th>Day</th>
<th>Events</th>
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<tbody>
<tr>
<td>Monday, 29 February 2016</td>
<td>National Young Leaders Day - (School and House Captains)</td>
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<tr>
<td></td>
<td>Pre-K-6 Assembly (12:20 pm)</td>
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<tr>
<td></td>
<td>China Information Evening. Lower ILC (7:30 pm)</td>
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<tr>
<td>Wednesday, 2 March 2016</td>
<td>IPSHA Swimming Carnival</td>
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<tr>
<td>Friday, 4 March 2016</td>
<td>Art Show Meeting (7:30 pm)</td>
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<td>Saturday, 5 March 2016</td>
<td>Summer Sport Round 5</td>
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<tr>
<td>Sunday, 6 March 2016</td>
<td>Fathers’ Association Year Dinners</td>
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<td>Prep Parents and Staff v Senior School Parents and Staff Cricket Game - White Oval</td>
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Week 7

<table>
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<tr>
<th>Day</th>
<th>Events</th>
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<tbody>
<tr>
<td>Monday, 7 March 2016</td>
<td>K-6 House Meeting (12:20 pm)</td>
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<tr>
<td></td>
<td>Fathers’ Association Committee Meeting (7:30 pm)</td>
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<td>Tuesday, 8 March 2016</td>
<td>Game On Rugby Session 1 – Years 3-4</td>
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<td>Ross Browning Puppeteer Visit – Year 1</td>
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<tr>
<td>Thursday, 10 March 2016</td>
<td>Nicki Greenberg- Author/ Illustrator Visit - P-K to Year 2</td>
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<tr>
<td>Friday, 11 March 2016</td>
<td>Old Buffers Cricket Game and Lunch</td>
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<td></td>
<td>ISDA Debating Rd 4</td>
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<tr>
<td>Saturday, 12 March 2016</td>
<td>Summer Sport Round 6</td>
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The schedule for music ensembles for week 6 is detailed below. Reed Ensemble for clarinet and saxophone players in Years 4-6 will begin rehearsing on Friday lunchtimes.

On Friday, the first of our many Friday Soirees will take place in Horrocks Hall. Letters for boys performing in next week’s concert will be mailed out shortly.

On Wednesday 9th March at 7:30pm in the Prep Music Room, the Tanglin Camerata, will have their first rehearsal. If you know of any adults who would like to sing with this friendly group, please pass on my contact details.

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Jonathan Todhunter
Preparatory School Director of Music - jpt@kings.edu.au
The ILC Auxiliary will gather in the ILC (Library) the FIRST THURSDAY of each month, throughout 2016. All new and returning parents are invited to join us for our first gathering of 2016. It’s an opportunity to come together, meet new friends, reacquaint with familiar ones, share morning tea together ... all while covering brand new books 😊

We will gather on **Thursday 3 March**, in the lower library, from 8:25am onwards.

We will finish by morning recess at 10:25am. Please feel welcome to stay as long as you are able.

Younger brothers and sisters are welcome.

If you could please respond to KEL@kings.edu.au to indicate your attendance by March 1, 2016.
Pre-K to Year 2 Water Fun

Whilst the Year 3 to 6 boys enjoyed their time away on camp, Pre-K to Year 2 also had a wonderful time together. Being such a hot week we decided to gather together at Kingsbridge and put on the sprinklers! The boys splashed and squealed with delight as they cooled off under the water. However, the highlight of the occasion was slipping down the Slip and Slide! With the Pre-K to Year 2 teachers equipped with hoses and washing up liquid, the boys had the time of their lives! It was a memorable time of fun, community and friendship.

Pre-K to Year 2 Teachers
Church@Kings + Church@theChapel
One for all. All for Jesus.

Radiate, our new youth group, has had a successful launch! It has been great to see a bunch of King’s boys and TARA girls enjoying themselves together. Radiate is for boys and girls in Years 7-12 and it meets in the Old Gym at the King’s School on a Friday afternoon from 5-7pm. For more information about Radiate contact our Assistant Chaplain, Scott Lucas, on slucas@kings.edu.au

On Sunday mornings (9:30am in the CLL) and Sunday evenings (6:00pm in the Chapel), we continue our sermon series on Church Matters. This Sunday, Scott Lucas, our Assistant Chaplain, will be speaking about how important each member of the church is to the whole. All are welcome to join us.

Church@Kings + Church@theChapel
One for all. All for Jesus.

Good Friday
9:30am Lord’s Supper

Easter Sunday
9:30am Family Service
6:00pm Celebration

The King’s School Chapel

“My Lord and my God”
Are you interested in joining the TKS Snowsport team in 2016?

Please join us on **Friday 18th March** @ The Thomas Pavilion for our registration evening.

Race dates and information will be available, an opportunity to speak with our expert training coordinator, meet the committee, purchase uniforms and sell or buy second hand gear…plus enjoy some fun time together meeting our incredible snow family.

**Place:** Thomas Pavilion  
**Time:** 4:30pm-8:30pm

Please contact Mr Tyree or Mrs Grinham if you are unable to attend this evening.  
[jng@kings.edu.au](mailto:jng@kings.edu.au) or [jtyree@kings.edu.au](mailto:jtyree@kings.edu.au)
Rwanda Fundraising High Tea

Who: Men and women welcome

When: Sunday, 20th March 2016, 3pm-5pm

Where: The Headmaster’s Residence, The King’s School

Parking: On left, just beyond second roundabout, off main school driveway

Price: $35 per head

RSVP: 15th March

Tables: Book by yourself, with a couple of friends, or get a whole table together. A maximum of 12 on each table.

Payment: online booking by credit card
http://www.trybooking.com/GTDT

Opportunity to donate is also available at this address

Contact: Helen McGrath 0408 413 814
Angela Cornwall acornwall@kings.edu.au
Jane Hawkes jhawkes@kings.edu.au

All funds raised will be used in Rwanda to support children and to meet educational needs.
Dear K-2 and Years 3-6 Parents,

The King’s Old Boys’ Football Club wants the boys in the Prep to be able to learn to play football with friends in Under 6/7 and Under 8 teams in the King’s colors. We also want boys to keep up these skills in Years 3&4 while they learn Rugby at school and to maximize their football in Years 5 and 6, (Winners of the NSWCFA Gala Day and GF Winners 2013 and 2014 – 3 players went onto State Team).

KOBFC is a club for all players and friends interested in Football and King’s. We have senior teams that play in the NSW Churches Competition and would like to offer juniors the chance to play as well.

The club is a properly incorporated association with full membership requirements, insurance and a dedicated committee that is striving to advance Football inside and outside King’s.

The main purpose is to allow King’s boys to play football with the mates they develop throughout their school life. This can begin in Kindergarten and go right through to our Over 35 team. I know the problems of their wanting to play with friends but being geographically diverse and hope the club overcomes these difficulties.

The club is part of the NSW Churches Football Association.

We aim to have teams in each age group, last year our U7 scored the highest number of goals and the U11-12 team won the Grand Final. Siblings and friends are welcome, both boys and girls.

Home games will be played at Homelands Oval, Homelands Avenue Carlingford, on Saturday mornings. The season will commence at the start of April 2016. Most games are generally in this North West region.

We will have a registration day Saturday February 27th 2.00pm-5.00pm with a kick around from 1.30 – 3.00pm. If you would like to come and meet us this is chance to be part of a club, KOBFC that can be a lifelong association with the school and the sport.

PARENTS ARE TO BE AWARE THAT SCHOOL SPORT COMMITMENTS TAKE PRECEDENT OVER CLUB SPORTS.

www.kobfc.com.au

Stuart Smith
KING’S OLD BOYS’ FOOTBALL CLUB (KOBFC)
Ph. 0419 014 323 or email secretary@kobfc.com.au
TKS Cricket Club
Invites you to join us for our
2016 Cricket Lunch

On Friday the 4th of March 2016 commencing at 12 noon is our Annual Cricket Lunch to be held at Dockside Darling Harbour.
Support TKS Cricket Community & join us to be entertained by former Australian test spinner Stuart MacGill.
Also one of Australia’s most popular Sports Presenters Stephanie Brantz as our Master of Ceremony.
A day not to be missed, please join us to celebrate cricket at The King’s School.

Stephanie Brantz
Master of Ceremony

Book tickets online at
http://www.trybooking.com/JBZV
http://www.trybooking.com/150531
$150.00 per person

Stuart MacGill
Guest Speaker

On the day there will be plenty of chances to win some fantastic raffle prizes.
Also if you are interested the opportunity to bid on some wonderful travel packages, sporting items & memorabilia.

The Cricket Club would be very grateful for any donations that could be used in the auctions or raffles to go towards raising funds for cricket activities at The King’s Schools. For the start of the cricket season in 2016 TKS Cricket Club will be giving all boys in the senior & prep school a training shirt, it’s our way of giving back & saying “Thankyou” for your support!
If you can’t join us for the lunch & there is anyway you can help with a donation please contact
Sonia Holt - Secretary on 0410 655562 or email soniaholt@bigpond.com