Welcome back to all our families after the holiday break. I do hope that the children are feeling refreshed and families were able to benefit from extended time together over the Easter break.

Term 2 is a busy term and the boys will find things moving at pace. They will be involved in a number of assessment activities throughout the term with the boys in Year 3 and Year 5 also completing the NAPLAN national assessments from 12th – 14th May.

On the staffing front, James Pattinson will continue in the role of woodwork teacher for Term 2. Mike O’Connor won’t be returning to the School and this part time position has been advertised with the view to appointing a suitable candidate to start in Term 3.

One of our Gap students, Patrick Halliday, has needed to return to the UK earlier than first planned. Patrick has been a very effective and popular Gap student with the boys.

This week, there has been a strong focus within our classrooms and in whole school activities on the Centenary of the Anzac landing at Gallipoli and recognition for those who have served our country in international conflicts. This began with an assembly on Tuesday where special guest speaker, Warrant Officer Dale Wallace from 1st/15th Royal New South Wales Lancers shared information on the Anzac landing with the boys. He also illuminated on what the boys today can learn from the efforts and sacrifice of the Anzacs. More detail on Anzac commemorative activities will be shared in the King’s Herald next week.

**Winter Sport Arrangements**

The winter sports programme gets underway with the first matches for the season starting on Saturday 2nd May. (There is no Saturday sport on Anzac Day, 25th April.) I’m sure many of the boys are very excited to be playing rugby and football for their school. The School fixture list can be found on the Prep School iLearn page or a hard copy can be gained from the Prep School Office.

Attendance at Saturday sport is compulsory and absence is only granted in the case of sickness. If a child is away on Friday, it is presumed that he is unfit for sport on Saturday. However, if there is a pattern of Friday absences that develops, this will be followed up with the family by Deputy Head, Greg Blackman or myself.

It is vital that all students arrive well in advance for their match commitments. It is the expectation of the School that boys will arrive at the start of the previous match in time to cheer on and support the team running onto the field. This will allow the boys to support their fellow school mates during the first half and have all their gear in place ready to go through stretching and pre-match warm up drills prior to their own game.

Parents should refer to maps on iLearn which show fixture locations. An allowance should be made for the time taken to find parking and identify the correct field when playing away matches. Many schools do not enjoy the same space and ease for parking that we enjoy at King’s.

**Waratahs Stars Visit the Prep**

There was great excitement on Wednesday at the Prep with the visit of four Waratah and Wallaby heroes to the Year 3 rugby training session. Organised through the Fathers’ Association, the boys were honoured to receive their personalised King’s headgear, training

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**THOUGHT FOR THE WEEK:** “I am the good shepherd; I know my sheep and my sheep know me.”

*John 10:14*
jersey and King’s rugby ball from rugby greats Israel Folau, big Will Skelton, Cliffy Palu and Sekope Kepu. The
headgear is a generous gift sponsored by the Fathers’ Association, whilst the training jersey and rugby ball is a generous
provision from The King’s School Rugby Club. These items were supplied to encourage and support our Year 3 boys
who will be beginning their rugby careers next week at our first winter fixture. Sadly, the wet weather didn’t allow the
rugby superstars to assist the boys with the afternoon training drills as had been planned for the afternoon. However,
hopefully our young lads will be inspired by the interaction with their heroes in upcoming matches this season!

Armidale Rugby Tour
Over the final weekend of the holiday period, a select group of senior Prep students
ventured to Armidale to compete in The Armidale School Rugby Carnival. Joined
by a team of family supporters, the boys enjoyed a very successful tournament and
some wonderful experiences together. The tournament sees some outstanding rugby teams from across NSW and Queensland and is a highly competitive event. The boys did well finishing the weekend with two wins, two losses and one draw, and gaining excellent preseason experience. Our thanks are extended to our Director of Sport, Phill Rogers, for his organisation, management and preparation of the team, to Mr Charlie Lavender who assisted with team management and supervision, and to the assistant coaches, Matt Knight and Charlie Allison, who helped guide the boys in their performances during the tour.

Increase in ICT Access for our Boys
In an endeavour to further enrich the access to technology for our boys at the Prep, the School has issued a class set of
iPads to each of the year levels from Pre-K to Year 4. These devices have been rolled out to classes this week, much to
the delight of the boys. This builds on the one to one laptop programme that is available to the boys in Year 5 & 6. A
further 50 laptops are available for K-4 classes to access from the ILC for particular learning tasks that require these
devices.

Keeping our Boys Safe – Anaphylaxis Awareness
Some Prep School boys have severe, life-threatening allergies (anaphylaxis), which require that they not eat, touch
or inhale certain foods. We therefore ask that NO BOY SHARES HIS FOOD WITH OTHERS at school.
Nut allergies are the most common and affect a number of these children. We ask that no nut products are sent to
school, this includes peanut butter, Nutella and other nut spreads.

Dads About Dads Evening with Professor John Overton – Tuesday 19th May
On Tuesday 19th May at 7:00pm, fathers of the Prep School will have the opportunity to enjoy an evening with
Professor John Overton AM who in a highly distinguished career, spent 33 years in hospitals, 46 years in the ambulance
service and 50 years associated with the defence force. He rose to hold the second highest office at the Children’s
Hospital Westmead, and was always held in the highest esteem for his strong relational approach to management.
Alongside establishing an impressive career, John is a family man who now boasts four children and ten grandchildren.
John will be sharing about elements of his fascinating career and managing the career / home balance, sharing his
reflections and advice on parenting and core values that have been so influential in his own family life.

The evening will be a terrific opportunity for dads to socialise and get to know one another across the Prep School
years.

Depending on numbers, the event will be held either in the Allison’s residence, ‘The Cedars’ or the ILC. An invitation
will be sent home next week, but dads should earmark the date in calendars now.

Peter Allison
Head of the Preparatory School
I hope everyone was able to find time to relax and recharge over the Easter break. Term Two promises to keep the boys and staff very busy with many planned activities over the next eight weeks.

**NAPLAN**
All Year 3 and Year 5 parents should have received a note this week, indicating that this year’s NAPLAN test will take place according to the following timetable. The boys have been practising NAPLAN style questions and are well prepared.

<table>
<thead>
<tr>
<th>TUESDAY 12 MAY</th>
<th>WEDNESDAY 13 MAY</th>
<th>THURSDAY 14 MAY</th>
<th>Friday 15 MAY</th>
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<tbody>
<tr>
<td>Language Conventions (Spelling, Punctuation and Grammar)</td>
<td>Reading</td>
<td>Numeracy (Number, Algebra, function and pattern; Chance and data; Measurement and Space)</td>
<td>Catch-up</td>
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<td><strong>Writing</strong></td>
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**1, 2, 3 Magic Parenting Programme**
We have 40 parents who have signed up for this course which will be run on three consecutive Tuesday evenings, commencing on the 28th April and concluding on the 12th May. All participants should have received a letter giving further information about the course.

**Prep Fathers’ Association Trivia Night**
This year’s Trivia Night will be held on the 13th June in Horrocks Hall. A save the date flyer went out last term and I would encourage everyone to get involved. Booking information will be forwarded to parents in the very near future.

The Fathers’ Association is always looking for items to auction on this night and a flyer is attached to this newsletter.

Each Year group also collects items for a Year Basket that will be auctioned on the night and each family is asked to donate an item to contribute to the basket. A flyer for the class baskets is also attached to this newsletter.

The Year Basket that earns the highest bid on the night, will win for all the boys in that year, a morning tea (in the classroom) sponsored by the Fathers’ Association. Listed below are the Class Basket themes for each Year. Be creative!!

- **PRE-KINDY** - FOR THE BAR / CELLAR
- **KINDY** - FOR THE KITCHEN & COOK
- **Year 1** - GARDEN & HOME
- **Year 2** - FOR DADS
- **Year 3** - PAMPER A MUM
- **Year 4** - FOR THE KIDS
- **Year 5** - SPORTS & GAMES
- **Year 6** - CDs, MOVIES & BOOKS

Greg Blackman  
Deputy Head of the Preparatory School
Science Daily, November 2014, reports that the ambitious research project, linking childhood self-control to enhanced job prospects throughout life, tracked 15000 people from the age of 7 through to adulthood.

“The researchers who led the study found that children with high self-control, who are typically better able to pay attention, persist with difficult tasks, and suppress inappropriate or impulsive behaviours are much more likely to retain employment as adults, spending 40% less time unemployed than those who had a lower capacity for self-control as children.”

Many will know of the famous marshmallow experiment with young children which began at Stanford University in the 1960s. Mischel and his graduate students gave children the choice between a reward of one marshmallow which they could eat immediately, compared to a bigger reward, two marshmallows, for which they would have to wait alone for up to 20 minutes.

This was followed up years later. Studies showed that the children who could wait for the second marshmallow, thereby demonstrating greater self-control and delay for reward, had greater success in standardised scores in their later teen years. Behaviours of high delayers, as compared to instant gratifiers, were said to predict achievement situations and influences in adulthood.

For those interested, a clip of the marshmallow experiment, showing the children and their self-control actions is good viewing.

https://www.youtube.com/watch?v=QX_oy9614HQ
The Kidsmatter website, an Australian early childhood mental health initiative, offers some helpful articles about self-regulation and the impact this can have on relationships and friendship building.

“Emotional and behavioural self-regulation contributes to young children’s growing independence. It is this growing ability to control their own feelings and behaviour that eventually allows a child to become more skilled in their relationships with children and adults, for example, when playing together or making decisions together. In the preschool years, children’s self-regulation skills are still developing and can often go up and down. Being able to consistently regulate their own feelings and behaviour is a major task for a young child.

By school age, children become more flexible and are better at regulating their own emotions and actions. When children learn to self-regulate they have stronger friendships and relationships with others, are more able to pay attention and learn new things and deal better with the normal stresses and disappointments of daily life.”

On the Kidsmatter website, interesting articles can be found on self-regulation development, mental health impact and difficulties, and responding to stress.

Research consistently shows that self-regulation is necessary for wellbeing and positive relationship development. Social and emotional regulation makes it possible for children to conform to classroom and school protocols and rule systems. This benefits the learning of all children in the learning spaces. Cognitive self-regulation allows for richer academic learning and applied problem solving.

Strategic interventions have measures of success, writes Schmitt, 2014, referring to research at Oregon State University. Physical games with increasingly complex sets of rules in an intervention programme showed gains in the at-risk children. Positive response to desired behaviours feature, as does the expectation that children listen and follow the increasingly complex rules. The practice effect is critical, as are high and consistent expectations to compliance.

This same expectation and consistency of expectations features at King’s. We find that the boys who are more ready to comply, are more able to self-regulate quickly and who demonstrate higher levels of self-control, are better placed on the trajectory of success, enjoying richer friendships on the journey.

I recommend the Magic 1, 2, 3 parenting course we are offering over the next 3 Tuesday evenings.

Belinda Baxter
bsb@kings.edu.au

<table>
<thead>
<tr>
<th>UPCOMING EVENTS</th>
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<tbody>
<tr>
<td><strong>Week 2</strong></td>
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<tr>
<td>Monday, 27 April 2015</td>
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<td>Tuesday, 28 April 2015</td>
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<td>Saturday, 2 May 2015</td>
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<td><strong>Week 3</strong></td>
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<td>Monday, 4 May 2015</td>
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<td>Wednesday, 6 May 2015</td>
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<td>Saturday, 9 May 2015</td>
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<td>Sunday, 10 May 2015</td>
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iPad Learning

In the Prep School we have iPads in Pre-Kindergarten through to Year 4. We have 1-to-1 MacBook Pro laptops in Years 5 and 6. We also have 50 MacBook Pro laptops in the ILC for classes to use.

The ICT capability learning continuum of the Australian Curriculum is organised into five interrelated elements:

- Applying social and ethical protocols and practices when using ICT
- Investigating with ICT
- Creating with ICT
- Communicating with ICT
- Managing and operating ICT

The Board of Studies for NSW describes ICT Capabilities in each subject which is available on their website.

**ICT Capability in Mathematics**

Information and communication technology (ICT) includes digital technologies such as calculators, spreadsheets, dynamic geometry software, and computer algebra and graphing software. Students use ICT effectively and appropriately when investigating, creating and communicating ideas and information, including in representing mathematics in a variety of ways to aid understanding. ICT can be used by students to solve problems and to perform previously onerous tasks more readily.

**ICT Capability in English**

The study of English enables students to develop and apply knowledge, understanding and skills of ICT in their composing, responding and presenting, and as part of the imaginative and critical thinking they undertake in English.

Students have the opportunity to become competent, discriminating and creative users of ICT as they learn to use ICT effectively and appropriately when investigating, creating and communicating ideas and information. Students will learn about the ethics of information communication through technology.

**ICT Capability in Science**

Information and communication technology (ICT) can be used effectively and appropriately to access, create and communicate information and ideas, solve problems and work collaboratively. The *Science K–10 (incorporating Science and Technology K–6) Syllabus* provides students with opportunities to develop ICT capability when they develop design ideas and solutions, research science concepts and applications, investigate science phenomena, and communicate their scientific and technological understandings. In particular they learn to access information, collect, analyse and represent data, model and interpret concepts and relationships, and communicate scientific and technological ideas, processes and information. Digital technologies and aids, such as animations and simulations, provide opportunities to view phenomena and test predictions that cannot be investigated through practical experiences in the classroom, and may enhance students’ understanding and engagement with science and technology.

Rachel Johnston  
Director of Learning/PYP Coordinator


New South Wales Junior Chess League Competition
The Friday afternoon competition is due to start next Friday. However, the draw from the NSWJCL is not available yet. As soon as I receive it I will be able to let all the teams know where they will be playing that day and which parents are driving. I thank everyone for their patience and support.

Congratulations to Ryan Oschadleus
Chess Captain 2015

Catherine Pearman
Chess Co-ordinator
cgp@kings.edu.au

Snowsport Family Reminder
The snow is falling already and the ski family are growing…and Mrs Grinham is getting very excited! If you are still interested in joining the snow family, need to order uniforms or still wanting to find out more information, please contact Mrs Grinham at jng@kings.edu.au or you can find her in the 1Y classroom.

We need to finalise teams and training numbers by the 8th May and want to make sure that no one misses out on this life changing experience.

ILC
Dear Parents,

The Premier’s Reading Challenge has kicked off for another year and I would like to encourage boys and their families to be involved.

The Challenge aims to encourage in students a love of reading, for leisure and pleasure. It is not a competition but a challenge for each student, to read beyond their typical reading routines.

You are able to complete your son’s Reading Log online, until the closing date on the 21 August, 2015.

All details relevant to the PRC are located on the ILC iLearn page. Jump online and check it out.

Happy reading everyone!

Shelley McMorran
Teacher-Librarian

Prep Newsletter - 7 - Issue No 6 – 24th April, 2015
TRIVIA NIGHT – CLASS BASKETS

The TKS Fathers’ Association is running a competition to give our boys the opportunity to participate in this major school fundraiser for the annual “Hollywood” Trivia Night.

We are requesting that each boy donates an item to contribute to a Year Basket that will be auctioned at the Trivia Night on Saturday 13 June.

Please have your son take them to class and leave items with your teacher.

The Year Basket that earns the highest bid on the night will WIN for all the boys in that year a morning tea (in the classroom) sponsored by the Fathers’ Association.

Listed below are the Class Basket themes for each Year. Be creative!!

<table>
<thead>
<tr>
<th>Year</th>
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Please have your Basket Donation delivered to classrooms by 6 June.

We look forward to seeing all the movie stars for a great night of trivia and fun on 13 June.