Head of the River

Rowers can be vaguely frightening. They have a competence, they have a language, they have shared experiences that set them apart from the common man. They can also be physically imposing. Their frighteningly fit frame betrays discipline and dedication. And try shaking their hands. It’s like gripping a brick wrapped in sandpaper!

Early in the morning buses have borne these warriors to dark and hidden places where they train for fluvial conflict. The intensity of their combat drills is at odds with the serenity of their training setting. Gently rising steam ghosts the air above the Parramatta River. Into this calm come the war boats, splintering their mirrored reflections with the wash of their urgent strokes. When the world awakes to wonder at them, they put away their craft and blend into normal life.

Then the day of trial comes. The Head of the River is one of the great moments on the GPS sporting calendar. It is a day when schools become tribal, when they acknowledge their rowing heroes and send them into the fray with war cries ringing in their ears. Faces are painted, banners are unfurled, chariots are decorated, and the trip is made to Penrith.

Whatever the rowing results this weekend, our rowers will have carried the King’s colours in 2013 with distinction. I pay tribute to the dedication of students, parents and coaches who are part of the TKS Rowing Club and for their preparedness to give so sacrificially of their time and energy. Those of us on terra firma salute you and wish you every success in the forthcoming regatta.

To assist non-rowers to while away idle moments with suitable “boatnik” chatter here are some brief facts about the history of rowing.

History of Rowing

- London ferrymen first competed for a documented rowing race in 1719. The race was called the “Doggett’s coat and Bade”.
- Eton College built and raced a rowing VIII in 1793, well before Oxford and Cambridge began their annual boat race in 1829.
- Rowing first appeared in the Olympics in 1900.
- The Clasper family of England invented metal outriggers for boats, first used by Oxford and Cambridge in 1846.
- The sliding seat was derived from an invention found in the ancient Grecian Triremes, and first appeared in a rowing VIII in the 1873 Oxford and Cambridge boat race.

History of Rowing at TKS

- The TKS Boat Club was established in 1893 using a boat lent to the School by St Ignatius’ College. It was used on a stretch of water behind the Parramatta Mental Hospital!
- The Club languished after 1894 and had to be reformed in 1918.
• 1920 saw TKS enter the Head of the River for the first time. This initiative was immediately rewarded with King’s winning the event.
• The best winning streaks in the Head of the River enjoyed by TKS were 1967-70 and 1980-84.
• The last year the King’s 1st VIII won the Head of the River was in 2007. In the last twelve years the School has won the Head of the River four times.

Finally, unless anyone wishes to disgrace themselves at the Head of the River, the following terms are not what they seem.

- **Gate** - is not an enclosure for an entrance, but the small bar that closes over the top of the oar to prevent the oar from coming out of the rollick.
- **Loom** - is not a machine for weaving yarn, but the part of the oar between the blade and the handle.
- **Crab** - is not a ten-footed crustacean, but an unpleasant occurrence at the finish of a stroke when the blade cannot be extracted from the water.
- **Feather** - is not an appendage on a bird. It means to turn the blade skyward between strokes to reduce wind and water resistance.
- **Run** - does not mean to advance quickly. It is the amount of glide achieved by the board between strokes.
- **Stretcher** - is not a carrying device for the disabled, but rather a footrest assembly in a boat.
- **Washing out** - does not mean it’s Monday, it means the premature unwanted emergence of the oar blade during a stroke.

I join with the rest of our School community in wishing all crews every success this weekend. In closing, I share a prayer written by another great maritime warrior, Sir Francis Drake:

> Oh, Lord God, when thou givest to thy servants to endeavour in any great manner, grant us to know that it is not the beginning, but the continuing of the same unto the end until it be thoroughly finished which yieldeth the true glory.

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**Dr Tim Hawkes**

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**SUBMISSION OF ARTICLES**

Please note that all submissions must be forwarded to Susan MacDonald by 4.00pm on the Tuesday preceding the publication date. (For reference – please see the following publication schedule.) Suitable items with minimal formatting and of **no more than half an A4 page** should be emailed to srm@kings.edu.au. Please note that this includes Membership forms, Dinner invitations and the like.

**Submission of articles for the King’s Herald**

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**Susan MacDonald**

srm@kings.edu.au 0412 522 028

**Parent Contact Lists**

The School is endeavouring to provide parents with contact details of those families in their son’s House and Year Group with lists to appear on the School’s intranet. It is most important if you **do not wish to have your contact details included on any list** that you inform the School by emailing Susan MacDonald on srm@kings.edu.au. Details to be included in these House and Year lists would be:

- **Student’s Name**
- **Student’s House**
- **Student’s Year Group**
- **Parents’ Christian names**
- **Home phone**
- **Preferred email address**
- **Postcode**

If we do not receive notification of your desire not to have your details published, **by 29 March**, it will be assumed that you wish to be included.
DEPUTY HEADMASTER

AAGPS Regatta – Saturday 9 March
A reminder that the AAGPS Head of the River, held on the Olympic course at Penrith, is a compulsory School event and all boys are required to attend. If parents would like their son/s to travel with them to the Regatta it is a simple matter of informing their Housemasters by email. The day is a special community occasion for the School and one of many excellent opportunities to show support for boys of the School. Our crews are having a fine season and the AAGPS Head of the River is a wonderful sporting spectacle to be enjoyed by all.

Congratulations
Rinky Hijikata (Year 7), a member of the 1st Tennis, who are currently leading the GPS Premiership, has recently won the Australian National Under 12 Tennis Championship held in Victoria. The event saw the nation’s top 64 players compete for the title.

Ben Selig (Year 9) has been selected in the Australian Ski team to complete in the 2013 Whistler Cup held during April in Canada. Ben is one of three U14 year olds selected for this team.

GPS Selections
James Shepherd has been selected in the Combined GPS 1st XI. This team competes next week in the Schools’ Championship against the CAS, CHS and other school Associations.

Jay Green has been selected in the Combined GPS 2nds Basketball team.

Camps Week
Camps Week is quickly approaching beginning with the Cadet Corps departure on Friday morning 5 April. Camps Week is certainly a time which sees wonderful opportunities for students to experience something of the joys and challenges of living under canvas or plastic in the bush and there are many wonderful aspects to camping experiences that make many schools embrace such ventures. Most students will enjoy themselves immensely and many students who attend these camps find ways of helping others.

Many boys are venturing into an environment which has an element of the wilderness about it but the outdoor camps are run by people who are conscious of all the safety issues that parents would expect and are experienced in such environments. The School safety record during Camps Week is outstanding and the reason for that is very simple – experienced and caring staff and a well-structured program. Many boys who, in the past, have gone away to Camps Week feeling unsure as to what it was all about, have come back entirely happy telling their parents how much they loved it and that they can’t wait until the next time. Some experiences will not be easy. They are designed to be challenging so boys can learn about themselves and grow in confidence.

May I please remind all members of the School Community of the importance of responsible and appropriate behaviour while on camp. The possession of banned substances will be treated extremely seriously. Boys risk being expelled from the School if they have inappropriate substances with them during term time, but obviously there is a multiplier effect during Camps Week. There are obviously more hazards when one is away from the School at camps and it is very important for students to understand the importance of co-operating fully with all School rules and regulations, particularly when there are additional hazards involved.

Camp Details
Year 7
8.15am Friday 5 April to 3.30pm Thursday 11 April
Location
All Year 7 students will be either camping on site or residing in three Senior Boarding Houses at School with a variety of activities including daily prolonged excursions and school based activities.

Year 8
6.30am Friday 5 April to c6.00pm Tuesday 9 April
Location
Camp with the Outdoor Education group at Biloela in the Southern Highlands

Year 9
8.00am Friday 5 April to c6.00 pm Thursday 11 April
Location
Brokenback Range, Singleton
(Range of outward bound and cadet activities)

Year 10
8.00am Friday 5 April to c6.00pm Thursday 11 April
Location
Brokenback Range, Singleton
(Range of outward bound and cadet activities)

Year 11
8.00am Friday 5 April to c6.00pm Thursday 11 April
Location
Corps: As for Years 9, 10  OR Non-Corps: Various Social Service activities at locations in Sydney or at school or even more widespread.

Year 12
As for Year 11  OR Non-Corps: Work Experience at various locations in Sydney and wider.

Dr Andrew Parry
Christian Focus Week
14 –21 February

When Jesus commenced his ministry, the first thing he did was reach out to the people around him. Christian Focus Week provided a great opportunity for our boys to hear about God reaching out to them and how he responds when we reach out to others. We were joined by a record 41 God Squad Members from over 12 local churches over the course of the week, most of whom were either recommended to us as youth leaders in the local churches of our boys, or Old Boys themselves.

Highlights of the week included:

- Record numbers at our voluntary Christian groups over the week, including over 180 at Junior Crusaders.
- Christian leaders’ lunch attended by 40 boys, who were spurred on to keep going deeper with God.
- The God Squad surveyed over 400 boys in a Spiritual life survey: the big question asked was “If you had one question for God what would it be?” The top three questions were:
  - Can you prove that you created the world?
  - What is the purpose of life?
  - Why is there so much suffering in the world?
- We ran six Year group seminars with the God Squad running well over 100 small group discussions
- We conducted two senior school chapel services.

We hosted Simon Jackson as our guest speaker for the week. Simon is an Anglican Minister who works at a church in Kirribilli. He did a good job in explaining to the boys about their current state without God and God’s love and desire for them to come home.

We would love prayers for the ongoing work of the Holy Spirit in the School community. We are conducting a follow up series on “Questions for God” at our Crusader meetings, based on the questions given in the surveys. We have also had a number of boys signed up to read Mark’s Gospel over a 21 day period following the week. A great sense of momentum has been created by Christian Focus Week and the Chaplaincy team need prayer and wisdom in order to ascertain how to make best use of it. Please pray for opportunities to continue to share the Gospel with this group of young men.

Dave Jensen
Youth Minister
DIRECTOR OF STUDIES

Curriculum Matters
Academic Tips No. 3

Success
What does it take to be successful? If we look at those successful in sport we find highly motivated individuals who are well supported by a team and who put countless hours in to their practice. The same can be said for students who are successful with their academic studies.

Highly Motivated individuals:
- have a sense of purpose
- manage to keep focused on the goal, avoiding distraction
- are proactive in looking for ways to improve
- know how to prioritise and cut out time-wasters
- have a positive attitude

A team
- has a common purpose
- shares responsibility
- encourages each other
- holds each other accountable

Malcolm Galdwell, author of Outliers: The Story of Success, suggests that the foundation of success is practice and lots of it. Michael Jordan’s quote in relation to his success as a basketballer says it all: “I’ve missed more than 9000 shots in my career. I’ve lost almost 300 games. 26 times, I’ve been trusted to take the game winning shot and missed. I’ve failed over and over and over again in my life. And that is why I succeed.”

Our recent success in the 2012 HSC is testimony to what can be achieved when students are highly motivated in their studies, work as a team and put in hours of practice. A brochure with our recent HSC results can be found at the bottom of the School intranet homepage: https://intranet.kings.edu.au/

DIRECTOR OF BOARDING

Broughton Forrest House Opening
The official opening ceremony will be held at the new Broughton Forrest House on Friday, 15 March 2013 at 6.30pm. All boarder parents are warmly invited to attend and to tour the newest boarding facilities in the School. An official invitation was emailed to all boarder parents recently. Please RSVP to jmedcalf@kings.edu.au so that catering and name tags can be organised in advance. Members of the Boarder Parents’ Committee are reminded that the Term 1 meeting will be held at 4.30pm on the same day in the Governors’ Room.

Weekend Activities
Some boarders have been involved in a range of voluntary weekend activities this term. This has included training to qualify as surf life savers at Bondi, Polo at Richmond and Laser Tag at Rosehill. In addition, the pool has been available for recreational swimming on Sundays and the Sports Centre and Weights Room have been popular options. A golfing activity and a Mountain Bike Riding Group will commence next term.

Living Away From Home Allowance
The NSW Government provides assistance for NSW families whose children must board away from home to access secondary education. A number of current King’s boarding families are receiving this allowance, but there may be others who qualify but have not applied. Eligibility criteria include family income limits and distance from home to nearest secondary school must be at least 48km. If you think you might be eligible, contact me or your Housemaster and we can send you details. Alternatively, visit www.schools.nsw.edu.au/rde for full details.

Malcolm Powys

End of Term Travel for Boarders
Boarders requiring travel to return home at the end of Term 1 are asked to advise their travel requirements.

Term 1 ends with the conclusion of Camps Week on Thursday 11 April. Buses will depart on the morning of Friday 12 April and will return after the holidays on Monday 29 April. School commences on Tuesday 30 April. The cut-off for booking travel is Wednesday 13 March. Parents may contact the School directly to advise their son’s travel requirements. Contact Mr Yates on 9683 8411 or transport@kings.edu.au.

Justin Walkden-Brown
LEADERSHIP

Educating boys for life at The King's School

One aspect to life education at The King's School lies in our capacity to provide various places and groups within our grounds where students feel a strong sense of belonging. This may be very apparent to our Year 12 students who have just started the English Area of Study which focuses on the topic of “belonging”.

At the core of this connection to the School is the House and within the broader context of the House, their own tutor group. These connections to the House and tutor group are essential in providing a sense of security and familiarity in the hustle and bustle of school life, particularly for our Year 7s and new students.

Throughout their time at the School, boys will find various activities that further enhance this sense of belonging and connection. This may be through involvement in a Club and Society, Cadet Corps or participation in service activities. Relationships formed in these groups are essential for boys in developing a sense of teamwork, co-operation and conflict resolution.

Over time, if a King's student is observant of our grounds, facilities and ceremonies, he will come to appreciate and understand that he belongs to something far more expansive - that is the long line of former students within a school that has been in existence since 1831.

The current Headmaster of our fellow G20 school, Mr Tony Little of Eton College, once wrote “history is our heartbeat” in relation to the manner in which schools promoted and celebrated their history and traditions in the current day. An example of this was provided for me last week when I had the opportunity to visit our School Museum with Ms Hellemans Year 10 tutor group. The boys received insights into the history of The King's School from our archivist, Mrs Pearce, who highlighted, amongst other things, changes in the uniform over time whilst providing some anecdotes about many of the relics and photos on display. A real highlight for boys whose relatives had attended the School was looking them up on the old hand written registers from the early 20th century to find out about their achievements whilst at King's.

This visit provided this small group of boys with a tangible opportunity to increase student connection with the history and traditions of the school and forge a greater sense of belonging. Over the course of the year, other boys will get the opportunity to visit the Museum to gain a sense of not only what has gone before them, but of what they now belong to. This can only assist in helping them develop a stronger relationship with their school which we know is such an important influence on positive youth development.

Dr Steven Middleton sjm@kings.edu.au

EXCELSIOR PROGRAM

Boys have been contacted regarding a range of out of class extension and enrichment activities. Three aims in these tasks are to:

- Unite the boys with ability peers seeking to further their academic endeavour.
- Provide further challenge, both in the content provided and in compacting class work to provide time for some activities.
- Develop specific skills, for example in literacy and critical thinking.

The Mary Burns Society

Boys met to discuss drugs in sport and consider what would make for a good junior academic society. The next meeting will consider ethical decision making.

The New Rambler: A Journal of Opinion

Year 8 and 9 boys have been invited into this group with the aim of producing a journal of opinion articles later in the year. This project is in its eighth year now and Issue 13 will result from the writing and editorial efforts of the boys.

The Philosopher at the End of the Universe

Year 10 boys in this group will consider science fiction and philosophical ideas. The Matrix film allows for discussion of reality and perception and The Terminator film opens up concepts of what is the mind and is it separate from the body?

The da Vinci competition days

Knox Grammar will be holding this competition next term and boys in Years 7-10 will be able to complete selection trials to choose the four teams of eight.

Notices regarding these activities are available to the boys through the Bulletin and email and summary details are available on iLearn.

Parents seeking further challenge for their boys are encouraged to contact me about any of the above for further information, or other matters. If boys are not receiving my emails they are welcome to make contact to be added to the mailing list.

Nick Green Coordinator njg@kings.edu.au
**CAREERS**

**Year 12 Work Experience**
Time is fast running out. Work Experience Placement/Permission forms need to be returned to Mr Attard now. All Non-Corps Year 12 students must undertake either Work Experience (in an area of their own interest), or complete RSA/Coffee Hospitality Training. This is held during Camps week at the end of Term 1.

**Scholarships 2014**
Information about the scholarships on offer from the University of Sydney has just been published. One that may be of interest to a number of Kingsmen is the Elite Athlete/Sportsman scholarship.

**Medicine/Dentistry/Physiotherapy**
Senior students contemplating a career in one of these medical professions need to become aware of the UMAT (Undergraduate Medicine and Health Sciences Admission Test) process. Applications are opening soon, with testing in early June. Entry to these degrees is based on ATAR results and the UMAT exam. Recent UMAT information, including free UMAT courses and a possible UMAT scholarship, is available in the Careers Room.

**Defence Force**
The Defence Force recruiting office will be running information sessions:
- Army Reserve Information – Tuesday 12 March
- Navy Information – Tuesday 19 March
- Trades Information – Wednesday 20 March
- Women in Army Information – Thursday 21 March
- Royal Military College Information – Monday 25 March

All information sessions will be held at Defence Force Recruiting Parramatta – Level 4, 9 George Street, Parramatta, at 6.30pm.

These information sessions will be attended by an ADF member who will give specific presentations on the night relating to the particular aspect of the Australian Defence Force. See Mr Attard if you are interested in attending.

**University of Sydney Business School**
Students interested in a Business degree (especially a Bachelor of Commerce), can seek more information about *The Aspiring Business Leaders Program*. This would be an excellent credential to have when applying for a scholarship or to add to one’s CV. Applications close on Friday 22 March.

**Combined Degrees**
The University of NSW offers a growing range of combined degrees that cater for the needs of future students. One such example is a Bachelor of Economics/Bachelor of Science degree. There are many others, and interested students are encouraged to explore the UNSW website.

**TAFE**
TAFE guides for 2014 courses have arrived, and are available in the Careers Room for interested Year 10 and 12 students.

**Tax File Numbers**
The Australian Taxation Office (ATO), with the cooperation of schools, offers students aged 13 years or over the opportunity to apply for a tax file number (TFN) through school. Applying for a TFN through school is easier because students do not need to show identifying documentation to the ATO. Students need a TFN for employment, applying for Centrelink benefits, opening a bank account or deferring university fees. TFN Application forms are available in the Careers Room.

**GAP Year**
Information from GAP Year organisations is beginning to come in for 2014. Interested students can see Mr Attard to explore their options.

**Careers Room**
Open every day, both before school (from 7.30am) and during lunch. Senior students are also welcome during study periods in the CLL.

Anthony Attard
Careers Advisor
Mission 101
Published in 2011, author Duncan McNabb wrote about a hitherto little known conflict in Ethiopia during six months of 1941, in which four Old Boys played a pivotal role. Italian forces had taken control of Ethiopia in 1936 and Emperor Haile Selassie had gone into exile to present his nation’s case to the League of Nations. With the outbreak of War against the Axis powers, the British Command was reluctantly persuaded that the best way to oust the Italians from Ethiopia was to conduct guerrilla raids on the Italian fortified positions in the hope that they would withdraw.

Training in Australia, were five men who were singled out to form part of Mission 101, and who, for six months worked behind the Italian lines with Ethiopian troops who were often too afraid to attack at critical times.

Ron Wood (1920-23), Bill Howell (1923-26) and Ted Body (1926-35) met up with Joey’s Old Boy, Ken Burke, in training camp. Ken was a gifted Rugby player and probably met Ted playing in the 1935 GPS team. All four were promoted as sergeants, enjoying the challenges of “specialist” training and under the command of Lieutenant Allan Brown from Adelaide, were sent to Ethiopia to take part in these clandestine raids.

Observing by day and attacking by night, the small group hijacked troop movements, blew up bridges and bombarded forts, slipping back into the bush to regroup and do it all again the next night. Terrain was rugged, conditions appalling and over the six months they each lost about 20 kilos.

While Allan Brown was recommended for a Military Cross (which he never received) and Ted Body was mentioned in dispatches, none of the achievements of Mission 101 were ever acknowledged by the British Government. Not only was their method of warfare too extreme to be accepted, all five men suffered from health problems for the rest of their lives as a result of living life on the edge. Bill Howell was killed in action in 1942 and the other four fought in New Guinea and the Solomon Islands. Brown was awarded an OBE for leadership in Wewak and in 1966 was invited back to Ethiopia by Haile Selassie to celebrate 25 years of freedom from Italian occupation. Body was mentioned in dispatches again for action in the South Pacific and discharged in 1944. Wood ended the War but died of heart failure in 1950 and Burke died in 1966. Mission 101 tells the story of dedication, mateship, creative thinking, acceptance and determination all of which were carried out without a word of thanks. Would you be prepared to do the same? Borrow the book from the CLL and read the story for yourself.

Jenny Pearce
Archivist

Chess

The King’s School has had a proud Chess history and achieved significant results over recent years. As part of the NSW Junior Chess League, King’s has won the Senior Metropolitan West Region in 2010, progressed further to win the Metropolitan Region in 2011, and was runner-up in the Metropolitan West Division in 2012.

This year there is another full program being offered, where students may be able to demonstrate their skill and enjoy competition against students internally and against competitors from other schools.

The Richard Yeend Trophy is an internal competition that runs for seven rounds and is held on Monday during lunch, starting towards the end of Term 1 and continuing into Term 2.

Another internal meeting of the Chess Club occurs on Wednesday mornings from 7.30am until 8.45am, and all students are invited to attend and enjoy social matches against other students. Coaching and tutoring will also take place during these meetings, which run throughout the year.

The NSW Junior Chess League is a competition that takes place on Friday afternoons from 4.00pm until roughly 6.00pm starting in Term 2 and finishing at the start of Term 3. Teams of four students compete against other schools in the Metropolitan West Division, and, if successful, may progress to semi-finals and beyond.

If students are interested in participating in any of these activities, they should contact Mr Barry for further information.

Bruce Barry
Coordinator  brb@kings.edu.au
The Centre for Learning and Leadership’s Open Day hosted inquisitive parents and grandparents, classes filled with active and creative learning, book signings from our resident student author, and music, music, and more music from our Strings and Cello Ensemble boys who have been playing together since the beginning of the term.

After an exciting Open Day in the Centre for Learning and Leadership [CLL], we are now looking forward to hosting the Science Faculty’s first ever student conference entitled iMind – the evolving brain.

Year 10 Science Scholars have been in bootcamp researching how the digital age may be having a significant impact on our brain? Is it capable of changing the wiring of our minds? A poster session will be held in the CLL’s Group Study and video presentations in the CLL’s auditorium on Wednesday March 13. The students will be treated to a keynote speech from Professor Ben Herbert and Mike Sewell, researchers from Macquarie University, followed by a review of bootcamp. At the culmination of the Conference, boys will be selected from the bootcamp group to remain in The Future Project. They will then be involved throughout the rest of the year engaging with researchers and making Science documentaries.

Great Books found in TKS Canon!
“Miss told me to come to the Library and search the canon? I have no idea where to find it? Is it big? Or just a miniature?”

“Oh dear. Uh you are in for a surprise! Follow me.” And the young man followed Miss into the non-fiction shelves and happily pronounced “The Canon!”

Our Canon of Western Literature has really developed over the past six years and we now can boast award winning books from Pulitzer to Orange, from Nebulae to Phillip Dick Awards, from Miles Franklin to Patrick White Awards and even an Award for Scary stories – The Edgars! Of course we also collect a sample of books from those writers who win a Nobel Prize for Literature.

The Pirates of storyLines
Our High Seas and Desert Islands unit saw a class of young Swashbucklers doing a dramatic reading of the Pirates of the Carob Bean. These type of activities challenge the boys to not only read in ‘character’ but to come into contact with words that certainly are removed from their everyday conversation. They have to think on their feet, deliver their words strongly and with conviction, and follow the play so they deliver their lines wisely. storyLines occurs once a

 fortight for every Year 7 and Year 8 class.
Homework
By now, the Prep students should be well settled into some regular homework routines. Alongside reinforcing and extending classroom learning, homework enhances essential skills such as self-organisation, problem solving, and perseverance. However, in some households, homework sessions can be a very stressful and tension-filled time for both the child and the parent.

A study conducted by Professor Megan Watkins of the University of Western Sydney reported in the Sydney Morning Herald indicated that a big factor influencing the success of homework sessions was the location in which the children completed their homework. Children are found to experience greater success with their homework if they have their own work desk in a private location away from the distractions of television and other electrical products, and away from the interruptions of regular interactions with other household members. The report also noted the importance of developing a clear homework routine that is consistently followed.

Parents may also want to consider the following suggestions to encourage the development of a successful homework routine:

- Recognise your role is one of a helper not a doer. Sometimes in our quest to help our children succeed, we may get carried away providing too much help.
- Section the assignment into smaller chunks. This approach is often helpful for boys who have difficulty sticking to a task, have shorter attention spans, or are overly concerned with making sure "everything’s right." Then tell your child to do "one chunk at a time." You can even take a short break after completing each chunk. Gradually you can increase the size of the "work chunks" as your son’s confidence increases.
- Agree together upon specific times for doing homework ahead of time and then stick to it. You may want to even post the agreement in a visible place and then sign it. Many kids need a break after school, while others like to delve straight in. Find your son’s best time work time and consistently reinforce it.
- Help your son with time management. If he gets distracted and takes too much time on tasks, negotiate on how long you both expect a task should take. Have a clock in the area to act as a timekeeper to check against. For longer project work, help him to break it down into sections to be completed over a series of days. Don’t let your son leave homework until just before bedtime. This is a recipe for a ‘meltdown’ for both parties!
- When your son does homework, you do something quiet and work-related as well. For instance, when he is writing, you could type some email messages. If he is reading, you read too.
- Make sure the materials your son needs, such as paper, pencils and a dictionary, are available and within handy access.
- Help your son figure out what is more challenging homework and what is easy homework. Have him do the more challenging work first. This will mean he will be most alert when facing the biggest challenges. Easy material will seem to go fast when fatigue begins to set in.
- Watch your son for signs of failure and frustration. Let him take a short break if he is having trouble keeping his mind on an assignment.

Finally, do praise effort and not just the "end product." Kids need to learn the importance of hard work and effort and homework provides a great opportunity for you to reinforce perseverance. You might start a family motto such as "Never Give Up!" or "Don’t quit until you succeed" or "In this family, we finish what we start."

Peter Allison

SNOWSPORTS

Even in the pouring rain and wind, the crowds arrived to hear about the upcoming season on the slopes. This year it was particularly exciting to have well-known brands such as Head and POC on the evening to show us some of their latest safety and training gear. The buzz in the air was exciting and wonderful to know that there are so many this year interested in joining the Snowsports club.

The information and membership booklets have been released and are available to be picked up from either James Tyree in the Senior School or Jo Grinham in the Prep School.

We look forward to sharing the Fundraising dinner with the King’s community on Saturday 11 May!

Jo Grinham
Art Show Assistance Needed

The Art Show is the Prep School’s premier social and fundraising event. Friendships are made during the Art Show that last a lifetime! Funds are raised that enable our School to provide first rate facilities, like our Inquiry Learning Centre. A happy by-product of the Show is the way it presents King’s to the community at large. Thousands of visitors marvel at what we as a Prep community are able to achieve.

There are a number of roles for which we require some leadership and support. These are listed below. We welcome assistance from current Prep School parents and Senior School parents who may be ex-Prep parents and are in a position to assist new parents to the School who are eager to support this important and exciting school event.

Leadership roles - for people who are willing to lead this portfolio with some guidance from people who held these portfolios last year:
- Art Show catalogue
- Volunteer Roster Co-ordinator
- Hiring Manager
- Car Rally Co-ordinator

Support roles - for people who would be available as a support person to the people leading these portfolios:
- Logistics and set-up
- Art Show Décor

The Art Show Committee meets once a month during school terms. The meeting dates are as follows: 8/5/13, 19/6/13, 17/7/13, Art Show Weekend 23/8-25/8/13, Debrief 11/9/13.

If you are able to assist in any of these roles, please contact Chris Konstantopoulos on konc@kings.edu.au by Monday 4 March.

Please consider being part of this important Prep School community project which will support our boys.

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PARENTS’ ASSOCIATION

Merchandise

Did you know The Parents’ Association has some great TKS merchandise – cookbooks, ties, scarves and more? Have a look on the Intranet and order there as well.

NSW Parent Council

The NSW Parent Council represents parents of non-government school students in NSW. Since 1962 the Council has represented and advocated on behalf of parents in order to achieve better educational outcomes for their children and most importantly, to protect their right to choose the best school for their child. The Council is up-to-date with all current issues affecting non-government schools.

The Parents’ Association encourages all TKS parents to sign up for the NSW Parent Council newsletter in email form. You can do this at http://www.parentscommission.nsw.edu.au/Newsletter-Registration

Building Community

The Parents’ Association is brainstorming for ideas that will build community –parents together but also boosting our funds. If you have any ideas please contact Libby Tugwell at libbytug@bigpond.net.au

Information Night

The TKS Parents’ Association

Invites

TKS Community to its March Meeting

on

Wednesday, 20 March 2013 at 7.15pm in the CIL

Guest Speaker: Ms Judi Hirst (Head of Library Services)


Enquiries: Felicity Findlay felicity_findlay@yahoo.com

(TKS PA President)
ATHLETICS

63 Days until the GPS Championships
Preparation has commenced towards the 118th AAGPS Championships and many of our boys have begun training in anticipation of the season. Our summer athletes have been working for many months and have benefited significantly from a strong preparation. Training is offered to all students from Tuesday through to Friday, with Sprints, Middle Distance, Hurdles, Shot Put, High Jump and Long Jump all catered for. Detailed and complete preparation is vital in ensuring that our boys perform at their very best and I encourage any student to come and train with us on their ‘off afternoons’. Training is open for students wanting to improve speed and fitness for the upcoming winter season and I know there are many boys in the school who could make the team with effort and application during Term 1.

Australian Youth Championships – Perth
Next week seven TKS Athletes will travel to Perth to compete in the Australian Youth Championships. This is a wonderful achievement by these boys, all of whom have been incredibly dedicated for many months, even years, to realise their dreams of competing at this level. Whilst they will be representing NSW, I know all of us at King’s will be desperate to know how they fair.

Competitors are:

School Athletics Carnival – Tuesday 19 March
The School Athletics Carnival is fast approaching and will be held on The JS White Oval. Hopefully we will have a great run with the weather. All parents and friends are welcome to attend.

AAGPS Athletics Season
On the Saturday following our School Carnival we will begin the ‘official’ GPS season with four Invitational Carnivals before the Championships. It is a very brief, but intense season. All chosen athletes will be expected to compete in these carnivals and athletics during this period will take priority over winter sport trials. We are in the unusual position where our season will go through the Term 1 holiday period and it will be vital for our athletes to train through the break with us on various mornings. More details will follow but I would ask parents to be mindful that we also have a Carnival on 21 April in that break.

Below are the dates and times of the four Invitational Carnivals before the AAGPS Championships.

Invitational Carnival 1  Saturday 23 March
8.00am-12.00noon, Blacktown

Invitational Carnival 2  Friday 5 April
5.00pm-9.00pm, Homebush

Invitational Carnival 3  Saturday 27 April
All day, Homebush warm-up track

Invitational Carnival 4  Saturday 4 May
12.30pm-5.00pm, Homebush

118th AAGPS Championships, Saturday 11 May at SOPAC. The Athletics Championships will be held that evening in the Thomas Memorial Pavilion.

Ben Gavan
Master in Charge

All Parents and Cricketers are invited to the
Cricket Presentation Evening
Come along to be part of the end of season celebrations
The King’s School Cricket Club will be providing food and drinks for purchase

Cricketer’s attendance is compulsory

Saturday 16th March 2013
5.30pm
Thomas Memorial Pavilion
J. S. White Oval
CRICKET

Unfortunately, the inclement weather that we have had over the last two weekends has meant that we have had only one fixture over the last two Saturdays, however, that fixture resulted in a truly remarkable victory for the 2nd XI.

Prior to that match last Saturday the School had another victory off the field when The King’s School Cricket Club had their cricket supporters’ lunch at the Sydney Cricket Ground. The lunch was a huge success, with over 170 people in attendance. Mike Whitney was the guest speaker and he entertained the cricket loving audience with his very funny cricket experiences. The lunch also served as a fund raiser to help raise money to update the White Oval scoreboard to a digital scoreboard. The King’s School Cricket Club would like to thank everybody for their attendance and they promise that this luncheon will be an annual event and one to look forward to in 2014.

As I have previously mentioned, the only game of cricket played over the last two weeks was last Saturday’s 2nd XI match against the strong St Joseph’s team. With our 2nds sitting 5 points behind the leaders, Newington, and 3 points behind our opponents, St Joseph’s, this game was going to be crucial to our chance of defending last year’s premiership.

As the Newington v Riverview game was washed out, our result was even more critical. With the rain coming and going throughout our innings, the game was reduced to a 39 over total. Nobody really starred with the bat and the side was bundled out for a small total of 107 with Satya Krishnan top scoring with 26.

With rain again delaying proceedings, our opponent’s total was readjusted to 103 and with the weather starting to clear, they were in a strong position to chase victory. That was until the 2nd XI produced the best bowling performance of the year to dismiss St Joseph’s for a total of 43. At one stage, they were 6 for 14, with our opening attack of Angus Macqueen and Jackson Preedy ripping through the top order. Jackson’s final figures were 2 for 6 and Angus picked up 2 for 9. The catching and support bowling was spectacular with Angus Campbell taking two match winning catches. He was well supported by Wallace Stranger who took 2 for 6 and Aidan Peek who finished with 2 for 17. What made the victory even more remarkable, was that if we dismissed St Joseph’s by less than half our total, we would pick up a further two bonus points. This means that at the completion of the round, the King’s 2nd XI are equal leaders with Newington with one round to play.

I would also like to congratulate Keiran Jayasekera on his performance in the Australian 15s cricket championship in Perth last week. Keiran played in four of the five games, including their Bronze Medal winning match against Queensland. He bowled superbly, and given that he is eligible to play in the same tournament next year, he looks an outstanding prospect for the future.

With the Head of the River this weekend, there is a cricket free weekend this Saturday, with the last games of cricket taking place on Saturday 16 March. The cricket presentation will take place on the White Oval at the completion of the 1st XI game against High. As was the case last year, there will be games and activities for all age groups and prizes to be won in the various competitions that we will be staging.

The Cricket Club will be running a big BBQ in front of the scoreboard and everyone is welcome to what will be a great way to wrap up the season.

Stephen James
Master in Charge

TKS Cricket Club

The next meeting of the Cricket Club will be held on Tuesday, 12 March 2013.
7.00pm in the Harrisford Room, Gowan Brae

All parents with boys playing cricket are welcome to attend to meet other cricketing parents and find out more about membership of the Cricket Club.

Amongst other things, we will be de-briefing about the recent Cricket Lunch which was a great success. We will also be discussing plans for the end of season Presentation Evening.
Despite the inclement weather, the round against St Joseph’s again proved successful for TKS. Of the 14 games played, 12 wins and only 2 losses were recorded, with the highlight being the victories by the 1sts and 2nds.

Round 12 vs St Joseph’s College

2nds TKS (48) Joeys (42)

There was little to separate the two teams during the first half, with Joeys having a narrow three point lead at quarter and half time. The TKS boys took the floor for the second half with a winning mentality and step by step they edged ahead. During the final few minutes the team kept their composure and played some smart basketball to finish victorious, a commendable turnaround from the 11 point defeat in the first round of competition. Rowan Bray had an exceptional game at both ends of the court, scoring 17 points and 12 rebounds. Marc Nicomede helped gain valuable possession with 10 rebounds, as well as scoring a solid 60% from the field. Ben Planinic, George Khalil and Leo Wu handled the ball with confidence and Matt Planinic, Jackson Kang and Josh Laso pressured the ball relentlessly in defence. A great win from a much improved team.

1sts TKS (59) Joeys (41)

The day’s play was completed by an excellent performance by the 1sts. Feeling unhappy about the 2 point loss they had suffered in the first round, the team was determined not to have history repeat itself and looked sharp right from the jump ball. The third quarter in particular was the best Basketball the boys have played this year and along with their confidence, the score began to soar. The final score is not a true indication of the quality of the game as TKS kept Joeys to 19 points in the first three quarters. Jayden Prakash (15 points), Jay Green and Will Pearce (13 points each) all shot with great accuracy and this, along with the rebounding of Will Pearce, Jarrod Tobin and Grang Ring, kept the opposition unable to respond. One of the best wins of the season for this team.

Round 13 vs Scots College

2nds TKS (42) Scots (55)

Again the TKS team began the game well and went into half time with only 2 points difference in scores. Despite some good shooting from Rowan Bray (16 points), Marc Nicomede and Matt Planinic and some impressive rebounding from Josh Laso, Ben Planinic and Ashwin Mehta, the team’s shot percentage was disappointing in the second half and cost them valuable possession. A well contested game that just got away from TKS at a vital time.

1sts TKS (33) Scots (91)

The euphoria of the previous week was unfortunately short lived in the match up against Scots. Games against Scots have been a challenging experience for the TKS 1sts this year and despite their best efforts to contain this large, experienced and highly talented group of athletes, the margin was significant. The young group of players in the TKS team will be wiser for the experience and should take some positives from the game. Will Pearce, Jarrod Tobin and Jay Green did well to contest rebounds as strongly as they did against such tall opposition and Reuben Vijayakumaran and Ross O’Neill never fail to give 100% effort. We move on to the last round of the season against Sydney High on 16 March.

Annual Dinner and Presentation Night

16 March 2013 in the Trophy Room
(limited capacity so book tickets as soon as possible)
6.30pm for 7.00pm

Special Guest – Shane Heal
(Sydney Kings Head Coach, ex NBA and Australian Boomers player and captain)

Raffle opportunity to join a coaching clinic with the Sydney King’s on Sunday 10 March.

Julianne Stanton
Master in Charge
**TENNIS**

All matches over the past two weeks have been cancelled due to the weather. With one round to go against High on 16 March it has been a very frustrating period of time. May I thank all of the parents for being patient with the sport announcements and changes to pick up times and the cancelling of Saturday fixtures. We hope we can finish the tennis season with the sun shining.

Very special congratulations to **Rinky Hijikarta** (Year 7) who recently won the Australian National 12s Tennis Title in Mildura, Victoria. Rinky played a three hour marathon in the semi finals against the second seed then won the final 6-3, 7-5 to be crowned the National Champion. Well done Rinky. You have represented your school and your family with distinction!

I encourage all the boys and their parents to come along to the Tennis Twilight Presentation on the Doyle fields on Saturday 16 March from 6.30pm-9.30pm. Dress is neat casual. We will have a buffet, a guest speaker and trophies to present. For tickets, please go to the following website [http://www.trybooking.com/CLAK](http://www.trybooking.com/CLAK). You are welcome to come earlier to see the 1st tennis team try to wrap up their fourth Premiership in five years. They will be playing from 12.30pm till 5.30pm.

All the best to the rowers this weekend at the Head of the River.

**Ben Chadwick**  
Master in Charge

**SWIMMING**

It was a beautiful day that saw the running of the School’s Annual Swimming Carnival last week.

Although there were only two records broken on the day, all boys swam well and with good spirit. Congratulations to **Peter Topalidis** for breaking the U17 100m F/S record and to the U17 Wickham Relay team for breaking the only two records of the meet. Since this carnival, there have been a mass of School records broken at the GPS carnivals held each Friday. There is always great House spirit at the School Carnival and I would like to thank all those boys who competed so ably and to all those spectators who cheered them on. Congratulations to the Age Champions and Runners up of each age group:

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Champion</th>
<th>Runner-up</th>
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<tbody>
<tr>
<td>U13</td>
<td>Ash Nicholls</td>
<td>Ben Peper</td>
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<tr>
<td>U14</td>
<td>Ciaran Loh</td>
<td>Hugo MacKenzie-Wood</td>
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<td>U15</td>
<td>Jack MacKenzie-Wood</td>
<td>Tom Dickinson</td>
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<td>U16</td>
<td>Gordon Foung</td>
<td>Jake Brighton</td>
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<tr>
<td>U17</td>
<td>Peter Topalidis</td>
<td>Brian Lee</td>
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<tr>
<td>Open</td>
<td>Robert Black</td>
<td>Nathan Watson</td>
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The Pickard Shield this year was won by Wickham House. The boys of Macarthur Waddy House raced into second place and the boys of Dalmas did well to come third.

**GPS Swimming**

The GPS season is nearly at an end with only one GPS carnival to go. It is a big one, with every event, including relays counting for points. Premierships can be won and lost in this one carnival. Currently, the Junior team is lying in 3rd place with the Seniors in 2nd place. There are only seven points separating us from taking out the Premiership and only two points separating us from third place. There will be terrific competition at the last carnival on 22 March. I encourage any boy who is able, to come along and support the swimming team at Homebush on this night. During the season, seven individual records have been broken. The very talented U14 swimmer, **Ciaran Loh** broke the U14 Backstroke and Butterfly records, as well as the GPS record for the Junior 100m Butterfly and **Peter Topalidis** has broken a total of five records so far this season and two GPS records. The GPS relay this year is performing quite well and has consistently been placed in the top four in every event. The team is **Peter Topalidis**, **John Murphy**, **Brian Lee**, **Callum Anderson**, **Hamish McMahon** and **Ciaran Loh**.

Congratulations to all those members of the swimming team, who, after a huge last carnival, will front up to Homebush on Saturday 23 March and take part in the charity “Splash for Cash” swimming 5km to raise money for the Deaf and Blind School.

**Linden Neale**  
Master in Charge
<table>
<thead>
<tr>
<th>Day</th>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Saturday</td>
<td>9 March</td>
<td>Head of the River Regatta, SIRC</td>
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<td>8.30am Parade and rollcall</td>
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<td>6.30pm Boat Club Presentation Dinner, Trophy Room</td>
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<td>Sunday</td>
<td>10 March</td>
<td>9.30am Church@Kings, Auditorium</td>
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<td>10.00am Xanadu Dress rehearsal</td>
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<td></td>
<td>12.30pm Macarthur Waddy Cricket Day</td>
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<td>8.00pm Evening Service, Gowan Brae</td>
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<td>Monday</td>
<td>11 March</td>
<td>12.45pm Tug-of-War</td>
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<td>1.30pm Cadet Corps Training Parade</td>
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<td>7.00pm Rowing Club Meeting, Putney</td>
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<td>Tuesday</td>
<td>12 March</td>
<td>9.30am Senior School Tour</td>
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<td>12.45pm Tug-of-War</td>
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<td>Wednesday</td>
<td>13 March</td>
<td>12.00noon Bridge Club, Harrisford Room</td>
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<td>12.45pm Tug-of-War</td>
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<td>3.45pm U17 &amp; Open athletics trials</td>
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<td>4.00pm Year 11 &amp; 12 French film excursion</td>
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<td>7.00pm Parents’ Association Information Evening, CLL</td>
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<td>6.15pm Xanadu Gala Opening (to 23 March)</td>
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<td>Thursday</td>
<td>14 March</td>
<td>7.30pm Scipionic Circle, Twelve, Tom Barrett &amp; Cartesian Club meetings</td>
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<td>Friday</td>
<td>15 March</td>
<td>3.30pm Year 9 Geography excursion</td>
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<td>3.30pm Athletics training</td>
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<td>ISDA Debating v Queenwood (A)</td>
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<td>4.30pm Boarder Parents’ Committee Meeting, Governors’ Room</td>
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<td>6.30pm Official Opening of Broughton Forrest House</td>
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<td>7.00pm Boarder Parents’ Roundup, Thomas Memorial Pavilion</td>
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<td>7.00pm GPS Swimming</td>
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<td>Saturday</td>
<td>16 March</td>
<td>Group I v SHS (H), Group II v SHS (H)</td>
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<td></td>
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<td>6.00pm Cricket Club Presentation Night, JS White Oval</td>
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<td>6.30pm Tennis Presentation Evening, Doyle Fields</td>
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<td>7.00pm Basketball Dinner, Trophy Room</td>
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<td>Sunday</td>
<td>17 March</td>
<td>9.30pm Church@Kings, Auditorium</td>
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<td>TKS Ag Club to Royal Easter Show (to 22 March)</td>
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<td>8.00pm Evening Service, Bishop Barker Harris &amp; Macarthur Waddy</td>
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<tr>
<td>Monday</td>
<td>18 March</td>
<td>1.00pm Open 3000m race, JS White Oval</td>
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<tr>
<td>Tuesday</td>
<td>19 March</td>
<td>8.30am School Athletics Carnival, JS White Oval</td>
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<tr>
<td>Wednesday</td>
<td>20 March</td>
<td>12.00noon Bridge Club, Harrisford Room</td>
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<tr>
<td>Thursday</td>
<td>21 March</td>
<td>3.45pm Rugby &amp; Football coaches training</td>
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<tr>
<td>Friday</td>
<td>22 March</td>
<td>3.30pm Athletics training</td>
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<td>ISDA Debating v Brigidine (A)</td>
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<td>7.00pm GPS Swimming</td>
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