

Listening

Then Jesus said,
"He who has ears to hear, let him hear."

Mark 4:9

Reflection

It's been said that good listening is like tuning into a radio station. For the best result, you can listen to only one signal at a time.

Using an I-pod while having a conversation with a friend is like trying to receive two signals at the same time. You end up with distortion miscommunication and in the end, frustration.

To tune into a friend, teacher or a family member, we must first put away what will divide our attention from what they are telling us. If we don't we can miss out on important information. Listening might mean taking out an ear piece, turning off the TV or shutting down the computer. Listening requires a choice of where we place my attention.

When Jesus asks us to listen to him, he wants us to choose to get rid of interference so we can understand him and then do what he has said. If we don't, we can miss out on vital information.

Prayer

*Thank you for sending Jesus. Help us to listen to him without distraction. Help us to listen to one another.
In Jesus' name. Amen.*